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Thicker Than Water: Essays by Adult Siblings of People With Disabilities
From Woodbine House

In this thought-provoking essay collection, thirty-nine adult siblings reflect on how their lives have been indelibly shaped by their relationship with a brother or sister with special needs. Edited by Don Meyer, creator of Sibshops and an expert on sibling issues, **Thicker Than Water** reveals both positive and negative aspects of growing up with someone who might have received the lion's share of his parents' attention or who now requires extra support as an adult.

Views from Our Shoes: Growing Up With a Brother or Sister With Special Needs
From Woodbine House
Essays by young sibs of kids with special needs.

The Sibling Slam Book: What It's Really Like To Have A Brother Or Sister With Special Needs
By David Gallagher
The thoughts of 80 teen sibs from five countries. Edited by Don Meyer. Many Sibshops use the questions asked of the book's authors with their own Sibshop participants.

Living With a Brother or Sister With Special Needs: A Book for Sibs
By Donald J. Meyer, Patricia Vadasy
"Living with a Brother or Sister with Special Needs" focuses on the intensity of emotions that brothers and sisters experience when they have a sibling with special needs, and the hard questions they ask: What caused my sibling's disability? Could my own child have a disability as well? What will happen to my brother or sister if my parents die? Written for young readers, the book discusses specific disabilities in easy-to-understand terms. It talks about the good and not-so-good parts of having a brother or sister who has special needs, and offers suggestions for how to make life easier for everyone in the family.

Riding the Bus with My Sister: A True Life Journey
By Rachel Simon

The Ride Together: A Brother and Sister's Memoir of Autism in the Family
By Paul Karasik, Judy Karasik

Special Siblings: Growing Up With Someone with a Disability

By Mary McHugh

Weaving a lifetime of memories and reflections with relevant research and interviews with more than 100 other siblings and experts, McHugh explores a spectrum of feelings — from anger and guilt to love and pride — and helps readers understand the issues siblings may encounter.

That Went Well: Adventures in Caring for My Sister

Special Brothers and Sisters

From Jessica Kingsley

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"Special Brothers and Sisters" is a collection of real-life accounts from the brothers and sisters of children with special needs, disability or serious illness, ranging in age from 3 to 18 years. They explain, in their own words, what it's like to live with their siblings.

Being the Other One: Growing Up with a Brother or Sister Who Has Special Needs

By Kate Strohm

Being the Other One is based on the author's own experience (as a sibling of a sister with cerebral palsy) and on extensive interviews she conducted with siblings of all ages. In clear and compassionate terms, Strohm explores the often secret feelings of siblings and offers valuable strategies for coping with the challenges they face.

Siblings of Children With Autism: A Guide for Families (Topics in Autism)

By Sandra L. Harris, Beth A., Ph.D. Glasberg

Now in a brand new and expanded edition, *SIBLINGS OF CHILDREN WITH AUTISM* explores the basics of sibling relationships and the complexities that surface in families of children with autism. Chapters cover how to explain autism to siblings, how to get siblings to share their feelings and concerns, how to master the family balancing act, and how to foster play between siblings. New chapters have been added concerning what siblings actually believe or understand about autism at different ages and how autism continues to impact adult sibling relationships, careers, and caregiver roles.

Brothers & Sisters: A Special Part of Exceptional Families

By Peggy Gallagher, Thomas H. Powell, Cheryl Rhodes

Included in the new edition are updates to critical issues such as multicultural considerations, financial planning, and information on genetics and heredity. In addition, the book provides an extended focus on family members beyond parents, including grandparents and other extended family members who interact with siblings in their relationships within a family.

Sibling Stories: Reflections on Life with a Brother or Sister on the Autism Spectrum

By Lynne Stern Feiges, Mary Jane Weiss

Andy and His Yellow Frisbee

By Mary Thompson

Beautiful watercolor illustrations enhance the story. Recommended for elementary school-aged children, Andy and His Yellow Frisbee is of particular interest to siblings of children with autism, and friends and classmates.

We'll Paint the Octopus Red

By Stephanie Stuve-Bodeen

This is a reassuring story for young children as well as parents adjusting to Down syndrome and what it means for their relationship with their sibling or child. It concludes with helpful questions and answers for children about Down syndrome.

Waiting For Benjamin: A Story about Autism

By Alexandra Jessup Altman

When Benjamin's family learns that he has autism, they hire special teachers to teach him how to listen and talk and play. Alexander is glad he just wants Benjamin to grow up faster. While Benjamin works with his teachers, Alexander works through his feelings of disappointment and jealousy. As time passes and each boy grows, Alexander discovers that Benjamin isn't just his brother-he is also his friend.

Ben, King of the River (Concept Books (Albert Whitman))

By David Gifaldi

Ages 5-8. The older brother of a developmentally disabled boy narrates this heartfelt story describing the family's first camping trip.

Tru Confessions (Apple Signature Edition)

By Janet Tashjian

Written in the form of a computer diary, this refreshingly funny novel tells the story of 12-year-old Tru, a girl with big dreams and hefty goals. She is determined to find a cure for her developmentally delayed twin brother and to have her own television show.

Our Brother Has Down's Syndrome

By Shelley Cairo, Jasmine Cairo

A "... fine book to introduce physical and mental handicaps" (Canadian Materials). "This warm family story, lighted by color photos of Jai's busy, happy life, should be an inspiration to any reader."--Emergency Librarian.

Rules (Newbery Honor Book)

By Cynthia Lord

Twelve-year-old Catherine just wants a normal life. Which is near impossible when you have a brother with autism and a family that revolves around his disability. She's spent years trying to teach David the rules—from "a peach is not a funny-looking apple" to "keep your pants on in public"—in order to stop his embarrassing behaviors. But the summer Catherine meets Jason, a paraplegic boy, and Kristi, the next-door friend she's always wished for, it's her own shocking behavior that turns everything upside down and forces her to ask: What is normal?

Head Above Water

By S. L. Rottman

FOR A 16-YEAR-OLD high school junior, Skye has a lot on her plate. With her mother holding down two jobs to support the family since Skye's father left years ago, Skye is given the primary responsibility of caring for her older brother Sunny who has Down syndrome. Skye's relationship with her brother constantly challenges and sometimes frustrates her.

The Summer of the Swans

By Betsy Byars

"The longest day in the life of a 14-year-old girl--the summer day her loved, mentally retarded brother is lost, the day she discovers compassion is a friend. A compelling story."--Publishers Weekly. Newbery Award Book.

Princess Pooh

By Kathleen M. Muldoon

Jealous of her invalid sister's royal treatment as she sits in her wheelchair, Patty Jean tries out the conveyance and discovers life in a wheelchair is no fun at all.

Way to Go, Alex! (Concept Books (Albert Whitman))

By Robin Pulver

Carly learns a lot about Alex, her mentally disabled older brother, as he trains for and competes in the Special Olympics.

Everybody Is Different: A Book for Young People Who Have Brothers or Sisters With Autism

By Fiona Bleach

This book is different! It is specially designed to give answers to the many questions of brothers and sisters of young people on the autistic spectrum. As well as explaining the characteristics of autism, it is full of helpful suggestions for making family life more comfortable for everyone concerned.

The Other Kid
By Lorraine Donlon

THE OTHER KID - A Draw It Out Guidebook For Kids Dealing With a Special Needs Sibling

This workbook was created to support the typically developing children in the family. It is written in a child friendly manner and invites kids to draw pictures and talk about the feelings, emotions and challenges of living in a household with a special needs or seriously ill sibling.

Autism through a Sister's Eyes
By Emily Hecht, Eve B. Band

Brothers and Sisters
By Laura Dwight

Like most brothers and sisters, the siblings in this book play together, compete with each other, and help one another. In *Brothers and Sisters*, we meet a number of sibling groups in which at least one member has a physical disability. This book shows that having a sibling with a disability is not so different from having a sibling without a disability.

I Have a Sister--My Sister Is Deaf (Reading Rainbow Book)
By Jeanne Whitehouse Peterson

I'm the Big Sister Now
By Michelle Emmert

Nine-year-old Michelle describes the joys, loving times, difficulties, and other special situations involved in living with her older sister Amy Emmert, who was born severely disabled with cerebral palsy.

Lee, the Rabbit With Epilepsy (Special Needs Collection)
By Deborah M. Moss

This full-color beautifully illustrated tale tells the story of Lee, a young rabbit who has her first seizure during a fishing trip with her grandpa. Once home, her parents take her to the doctor, who examines her and discovers that she has epilepsy. Lee's doctor explains epilepsy in clear, reassuring terms and gives her special medicine. Once Lee's seizures are controlled, she and her family discover that she can do everything she used to do, including her favorite pastime, fishing with her grandpa.

My Brother Sammy
By Becky Edwards

Sammy doesn't go to school with his older brother; he goes to school on a special bus. They are constantly at cross purposes because Sammy is autistic and does not know how to be a "normal brother." Then one day, Sammy's brother realizes that Sammy's way of doing things may not be so bad.

My eXtra Special Brother

By Carly Heyman

Sixteen-year-old Carly Heyman writes an endearing story of growing up with her big brother Scott, a young man who has a sweet smile, a courageous heart, and fragile X syndrome, the world's leading cause of inherited mental impairment.

My Sister Annie

By Bill Dodds

Twelve-year-old Charlie comes to terms with his sister Annie who has Downs Syndrome in this thoughtful novel about one boy's growing pains and struggle to accept a sister who is "different".

Rolling Along With Goldilocks and the Three Bears

By Cindy Meyers

This picture book is an adaptation of Goldilocks and the Three Bears, the classic folktale retold with a special-needs twist. Children will find all of the familiar characters and scenes from the original story, as well as a few surprises-Baby Bear uses a wheelchair, goes to physical therapy while his porridge cools, and ultimately makes friends with Goldilocks. This new version is especially appealing to children with physical disabilities. It's also an entertaining tale for all children, with or without special needs.

The Best Worst Brother

By Stephanie Stuve-Bodeen

THE BEST WORST BROTHER is an endearing and realistic look at how a relationship evolves between a typically developing older sister and her younger brother with a developmental disability. It also shows how sign language can help a child that acquires speech more slowly. As Emma is pleased to discover, Isaac can learn to sign, he just learns when he's ready. Sequel to "We'll Paint the Octopus Red."